



ASSOCIATED SPEECH & LANGUAGE SPECIALISTS, LLC

IMPROVING communication. Transforming LIVES.

STAYCATION OR VACATION?



Spring Break is coming soon! Whether you are off on a beach adventure or sticking closer to home, think of incorporating these ideas into your plans. You can use them to make your time together go smoothly while expanding your child’s language skills or using their speech sounds in a variety of fun settings.

VACATION

- Help your child learn what to expect from a trip through the airport
<https://www.ausm.org/navigating-autism.html>
- Audiobooks: Tales2go.com and CDs from the public library are great resources to keep your child’s brain occupied during travel. You can enjoy a book together or they can listen to a great “read” on their own.
- Travel games: Story Cubes, Spot It, Blink, Wig Out, etc.
- Mobile Apps:
 - Heads Up: guessing game that exercises your expressive language skills
 - Smart Fish: practice packing a suitcase, driving to the airport, going through security, etc.

STAYCATION

- Family Games: Outburst, Scattergories, Taboo, 20 Questions, Hedbanz, Bubble Talk
- Sensory Friendly Events:
 - AMC Movie Theaters
 - Children’s Theatre
 - Stages Theater
- Fun Outings that Elicit Great Conversations:
 - The Works
 - Como Zoo, Minnesota Zoo
 - Bakken Museum, Science Museum, Children’s Museum
 - Wild Rumpus, Red Balloon bookstores

WINTER 2015

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PLEASE SHARE WITH US!

Regardless if you stay or go, please consider taking pictures and making a photobook. Your child can dictate the captions. Bring the photobook to share in therapy. It makes a wonderful conversational tool and allows your child to share their experiences. This activity helps with sequencing, recalling, retelling, articulation, and more!

We get some of our best ideas from the families we work with. If you have great tips or an idea that worked well for your family, please let us know. Share your ideas on our Facebook page!



EMPLOYEE SPOTLIGHT: McKenzie

McKenzie works in the Shoreview office.

Her co-workers describe her as: Extremely kind and creative. She would be our captain if ASLS had a hockey team.

Born and raised in: Apple Valley, MN.

Family: McKenzie is the baby of her family. She is fortunate to have her parents and two older brothers (and now sister-in-law) all living within the Twin Cities.

3 things she can't live without: McKenzie can't live without chocolate, music, and her Iowa sweatpants.

Favorite restaurant: McKenzie doesn't have a favorite restaurant, but she loves going out for sushi.

Favorite book: The Book Thief

Favorite movie: Growing up, McKenzie's favorites were The Mighty Ducks and Princess Bride.



2015 Policy updates:

Please take the time to read the 2015 policy handout that you received. If you have any questions, please ask one of our staff. If you need an additional copy of our policies, please ask the front desk staff.



STAR CLIENT: Micah, Shoreview office

What Micah's SLP Sarah H. had to say about him. (He also sees McKenzie, Jenny, and Jeanne) Micah makes me smile! He brings joy to those who listen to him play guitar, watch him play sports, or have a conversation with him. He is one of the most persistent individuals I know, and like I said to his mom, "Micah always makes me remember it is important to dream big." He has worked hard to learn how to talk, then change his articulation errors, answer questions, and have conversations. If you see him in the lobby, be sure to say hi or maybe ask him when he is going to bring his guitar in for his next concert at speech!

Micah has been coming to ASLS since right before he turned 3. Micah's goals at ASLS are speech sounds, answering questions, and telling stories.

FUN FACTS ABOUT MICAH:

Micah's favorite foods are banana muffins, pizza, peanut butter and jelly sandwiches, Chili's chips and salsa, and Chili's pizza with fries. Micah's favorite thing to do is play the guitar, and his favorite color is red. Micah is 15 years old and in 9th grade at Irondale High School. Micah also likes to go to Twins games. He likes to go to his grandma's house for sleepovers. Micah plays many sports; floor hockey, softball, kickball, and soccer. Micah has traveled to Seattle, Disney World, and Boston.



We have books, handouts, and other things related to your child's speech & language that we are happy to loan/share with you. If you ever have questions about the resources we have available, please talk to your therapist.

The New Faces of ASLS!!

You may have noticed some new faces around the office. We are happy to have the following people join our team! Please join in welcoming them!



Alysse T. –Plymouth office



Angie M. – Shoreview office



McKenzie M. – Shoreview office



Jenna B. – Plymouth office

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*For our mailing addresses, please refer to our website.

VISIT OUR WEBSITE AT:
<http://www.associatedspeech.com>



INSURANCE CHANGES??

To avoid out of pocket costs, please notify the front desk promptly with any changes in your insurance.



PLEASE NOTE: ASLS follows the same guidelines as the schools in regards to a sick child. **If your child has vomited, had a fever, persistent cough, or had persistent diarrhea in the last 24 hours, he/ she will be unable to attend therapy. Also, if your child has been diagnosed with a contagious illness (i.e. strep throat), we are unable to see them until after the child has been on prescribed medication for 24 hours.** Please follow the above guidelines to keep our other patients and our staff healthy. Thank you.

*You are receiving this email because you/ your child currently receives/ has attended therapy at Associated Speech & Language Specialists, LLC.

To unsubscribe from list please email us at maplewood@associatedspeech.com or call 651-773-3208.

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